


THE DUMMY CHALLENGE



With my dummy I can	Without my dummy I can
Hum. 	Smile Blow bubbles Pull faces Hum Sing Babble Chatter And Learn to speak clearly

Parents

Take our dummy challenge

- Put a dummy in your mouth and say the letters of the alphabet.
- How many sounds can you pronounce clearly?
- Can you feel how a dummy restricts the movement of your tongue?

If you child is over 12 months old try to wean them off their dummy to help their speech development